

## Healthcare Recycling Best Management Practices

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## **About Atrium Health**

## Our Mission: To improve health, elevate hope and advance healing – for all.

- Serving our community since 1940, first as Charlotte Memorial Hospital
- In 2018, we changed our name to Atrium Health, formerly Carolinas HealthCare System
- Serving NC, SC, and GA
- 40 hospitals and 900 care locations, ranging from doctors' office to behavioral health centers to nursing homes
- More than 65,000 employees





"The man who moves a mountain begins by carrying away small stones."

- Confucius

# Environmental Sustainability at Atrium Health

# Focus Areas: Environmental Sustainability



Recycling & Waste Reduction



**Transportation** 

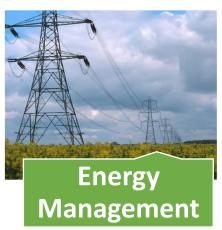














## **Green Building Success**

- 110 tons recycled since 8/2017
- 78% rate
- 11 sites
- Company: Russo



**C&D** Recycling Pilot



100 tons of brick recycled (completed 2/2018)

Mercy Exterior Renovation Project

- Standard for Tier 4 low emission equipment
- Clean Air
   Carolina &
   Novant
   Health



Clean Construction Partnership



Union Hospital Project Recycling

- 30 tons C&D recycled
- 88% rate
- Contractor: Rodgers

## Recycling Program

## Program Beginnings

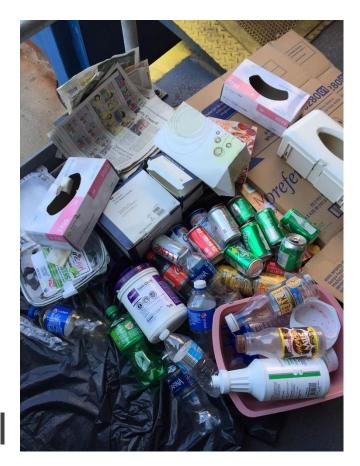






## Program Beginnings (2016)

- Cardboard Recycling
  - •30 compactors
  - 190 8-yard containers
- Recycling inquiries
- Some teammates take recyclables home
- Organized a waste audit with two units at one hospital to reveal recycling potential







## Program Beginnings (2016)

- Collaboration with contracts department and the waste vendor. Monthly phone calls.
- Partnership with Environmental Services for logistics, collection, and capacity.





## Program Beginnings (2016)

 Recycling pilot started in breakrooms at one hospital location and three units.



Temporary boxes



Exterior collection to gauge volume



## **Program Now**

Evolution of the recycling program



Permanent bins



Exterior collection in cardboard compactor



# Recycling Program Organization

## **Recycling Program Benefits**

- Potential cost savings
- Corporate engagement
- Improved quality of work life
- Cross-functional collaborations
- Culture of innovation
- Conversations for:
  - Action
  - Possibilities
  - Learning
  - Relationships





## Recycling Program Roles

#### **Environmental Services**

- Program ownership
- Collection & logistics

#### **Teammates & Champions**

- Program participation & education
- Use bins correctly

#### **Facility Leadership**

- Commitment & support
- Lead by example

## Materials Resource Management

- Data analytics
- Holds the waste contracts

#### **Sustainability**

• Program resources & education

## Recycling Program Flow



### Recycling Programs at Acute Care Sites

EVS has ownership over this program and control over recycling bin locations and collection schedule.

#### **About the program:**

- Blue bins and blue liners are utilized to collect recyclables
- Bins are located in breakrooms and select common areas
- All blue bags go into the cardboard compactor
- Signage and education is available from Environmental Sustainability





### Recycling Program Teammate Resources



Home > Departments > Environmental Sustainability Solutions > Recycling



#### Recycling

Environmental Sustainability Solutions offers guidance and resources for facilities that want to recycle non-hazardous, non-confidential waste. We can provide program start-up guidance and signage, teammate education, deliver presentations, and share impact data.

#### Cardboard, Cans and Bottles Recycling

Recycling cans and bottles at your locations depends upon the following:

- 1. Environmental Services and Facility Leadership operational support
- Teammate engagement to participate
- Interior collection locations
- 4. Exterior collection vendor
- . 5 Steps to Start Recycling
- · Recycling Supplies on eMerald
- · What Can We Recycle Sign

#### Shredded Paper and Disposal of Protected Health Information

Atrium Health is committed to protecting the privacy of our patients. Visit HIPAA Privacy for more information.

#### Disposal Procedures For Protected Health Information

The locked shred bins at Atrium Health are collected on a regular schedule by Shred-It. Please consult with your supervisor for policies and procedures. If your location needs additional service, please email scs-Charlotteops@stericycle.com with the Shred-It Account Number and/or Service Address and the reason of your request.

#### **HealthCare Waste Management**

Atrium Health provides resources for the proper management of the various types of regulated and hazardous wastes in healthcare facilities. For details please contact Corporate Safety. You may also find more information on Waste Management Resources.

#### Used Ink and Toner Cartridges Recycling

Used ink and toner cartridges, whether bought through Office Depot or not, are picked up for recycling for free by the courier that handles



## What Can We Recycle?

#### Mixed Recycling – Place altogether, it's sorted later.







Metal cans



Milk and juice containers



Cardboard boxes – including snack, meal and glove boxes



Newspaper and magazines

No patient information, place in paper shred bin.

#### Do NOT Recycle - Trash Only



Glass



ood Styrofoam



am



Plastic or paper cups



Plastic utensils, straws or lids



Paper towels or napkins



Gloves



Plastic bags



**Batteries** 



## **Recycling Reminders**



Recyclables go into the cardboard compactor.

Keep the recycling bin contamination free.





Place <u>only</u> recyclables in the recycling bins. All recycling gets hand-sorted at the recycling facility.



## **Recycling Across Atrium Health**







# Atrium Health Data Compactors and Shredded Paper

#### **2018**

Commingle Recycling = 2250 tons



Shredded Paper = 5963 tons





#### **2017**

Commingle Recycling = 2197 tons

Shredded Paper = 6176 tons

Solid Waste Landfill = 11,218 tons



## Next Steps: Location-Based Green Teams

#### Two main focuses:

- 1. Examining the sustainability opportunities within the organization.
- 2. Educating employees on sustainability and engaging them in actions that they can do at work and at home.





## **Green Team Mission & Vision**

- The mission of the Green Team is to encourage, inspire, and support efforts to build a sustainable community for the benefit of teammates, patients, and families.
- Each Green Team should determine their own vision for their facility in alignment with the corporate mission and vision



## Giving you, and the Earth, the best care



Carolinas Health Care. org/About-Us/Environmental-Sustainability-Solutions





## **Awards and Recognitions**











- Practice Greenhealth Partner for Change for Lincoln and Pineville in 2017 & 2018
- Wipe Out Waste Ambassador Award for Pineville in 2017





# Change Happens One Step at a Time



## **Contact Me!**

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